

July 2019

Dear Middle School/Junior High Parent:

Natrona County School District #1 does not provide any type of health or accident insurance for injuries that happen to your child at school. You are encouraged to review your present health and accident insurance program and if you think it is not adequate or if you do not have insurance, please review the Student Accident Insurance Information online at www.ncsdathletics.com.

Student accident insurance coverage is available through Student Assurance Services, Inc. This plan, as outlined online or in the enrollment envelope, provides for medical expenses incurred because of an accident. The plan pays certain amounts for medical care. Read the enrollment information carefully for details. In addition to this, dental accident coverage is available. This plan provides benefits for dental injuries regardless of where the accident happens.

Coverage begins September 3, 2019 for all who have submitted an application and money prior to September 3, 2019. You may enroll in the program any time after that date during the year with coverage beginning the day after the application and money are submitted. School-Time coverage ends when school is out in June. Full-Time coverage remains in effect until school begins next year.

Prior to applying for coverage, ***please read the information explaining the coverage very carefully.***

1. Insurance information is available at www.ncsdathletics.com. Click on Student Accident Insurance (in the left menu tabs) or use URL http://www.ncsdathletics.com/student_accident_insurance.html.

The following instructions apply for enrolling if using the enrollment envelope (you may pick this up at your child's school) if you do not have online access:

1. Grade (6) six: In order to participate in sixth grade sports and activities, you ***must be*** covered with either School-Time or Full-Time coverage. You do not need to purchase Full-Time or School-Time Coverage ***with sports***.
2. Grades (7) seven through (8) eight:
 - a) If your child is ***participating in athletics or cheerleading***, he/she must be covered by Full-Time or School-Time Coverage ***with sports***. Detach and retain the summary of coverage for your information. You are to ***turn in your application, payment and completed physical form to the school office.***
 - b) If you wish to purchase this insurance and your child is not participating in athletics or cheerleading, then choose either School-Time or Full-Time coverage. School-Time coverage ends when school is out in June. Full-Time coverage remains in effect until school begins next year.
3. **Sign** and **date** the form.

Coverage begins August 12, 2019 for those participating in competitive fall sports who have submitted an application and money prior to August 12, 2019.

There is no coverage for injury involving any motorized vehicles not designed for public roads or transportation

All questions regarding coverage should be directed to **Patrick J. Freiberg, 307-262-5215 (cell)**, Casper Agent for Student Assurance Services, Inc.

Sincerely,

Patrick J. Freiberg, Student Accident Insurance Agent
NCSD #1 Athletics/Activities Office

ACTIVITIES ELIGIBILITY

In a continued effort to assist students in the Natrona County School District to develop their intellectual potential, the Board of Trustees has by virtue of this policy, increased the eligibility requirements for participation in co-curricular clubs and co-curricular activities as governed by the Wyoming High School Activities Association. This supports the efforts of recent years in regard to improving standards in curriculum and raising the achievement level of students in the Natrona County School District.

The philosophy of strengthening the eligibility requirements is not to render students ineligible for activities. By monitoring grades every 4 1/2 weeks it is believed we will not only provide increased academic standards, but will, hopefully, contribute to the academic success of each student involved. Once a deficiency is identified, academic counseling and remediation will commence immediately.

POLICY PROVISIONS

The following provisions become effective at the beginning of the 1984-85 Fall Sports Season in accordance with the dates established by the Wyoming High School Activities Association:

1. In order to be eligible for any level of interscholastic competition, a student must be currently enrolled and must have been enrolled in school the immediate preceding semester and received passing grades during that semester in subjects that earn a minimum of 2.5 credits or equivalent and 5.0 credits per year toward graduation. (WHSAA Rule 6.2.1)
2. A student must be passing in five solid subjects (three solid subjects in an accelerated block schedule) at the time of contest. A passing grade is considered to be the passing grade of the individual school. As defined, a solid subject meets five days a week or its equivalent for the entire semester and for which one-half Carnegie units are granted. (WHSAA Rule 6.2.2 – 6.2.3)
3. A student shall be permitted to make up work after the close of the semester for the purpose of becoming eligible. Deficiencies, including incompletes, conditions and failures for the previous semester may be made up during a subsequent semester, summer session, night school, correspondence, or tutoring for qualification purposes. The makeup work must match the class where the failure occurred (ex. If an online class is taken, Algebra I for Algebra I, etc.) Credit needs to be approved by the student's school district. The student will not become eligible until all deficiencies from the previous semester have been made up. (WHSAA Rule 6.2.50)
4. Students ineligible because of scholastic deficiencies from the previous semester shall not be eligible until all grades have been verified by a school official on or after the last day of the current semester provided they have met requirements. (WHSAA Rule 6.2.60)
5. A student who is suspended or expelled from high school during a semester and who does not finish the semester is ineligible during all of his/her next semester since his/her record for the previous semester is incomplete (WHSAA Rule 6.2.7)
6. High school students taking college classes will be allowed to count the college classes toward the required five solid subjects/twenty hours of work per week, if the student has the approval of the school. (WHSAA Rule 6.2.8)

7. A special education student is eligible to participate upon verification by the student's high school principal that he/she is proceeding in a satisfactory manner towards the educational goals established for him/her. (WHSAA Rule 6.2.90)
8. A student must not fail more than one subject in order to maintain his or her eligibility, regardless of the number of subjects taken.
9. Grade average for students in activities will be checked at each mid-term (approximately 4 1/2 weeks) and at the end of each nine week grading period.
10. If the deficiencies are not corrected by the end of the nine week grading period, the student will be ineligible for another 4 1/2 weeks or until the next GPA check.
11. Sixth, seventh and eighth grade eligibility policies and procedures will be the same as the 9th through 12th with one exception: a 6th/7th/8th grade athlete found to be ineligible at the 9-week check may become eligible after five school days if deficiencies are corrected and requirements are met. It is up to each school's administration and coach to add to the minimum standards as long as they are clearly defined by the administration/coach and the student athletes are given those standards in writing. Individual schools may choose to use conduct as grounds for eligibility.
12. A student may practice while ineligible with permission of the sponsor or coach, but may not appear publicly in competition or travel under school auspices to such competition.
13. Special education (handicapped) students will be expected to meet the same activity eligibility requirements as regular education students since each student, through child study committee action, is placed into an individualized educational program that is designed for academic success.
14. The regulations of the WHSAA and those of the Natrona County School District shall govern all WHSAA sanctioned activities.
15. Poor conduct or inappropriate behavior, as determined by the school administrator, shall be grounds for ineligibility. This statement pertains to general conduct, not just the particular activity in which the student is involved.
16. Extenuating circumstances may be appealed to the building principal.

The eligibility policy governs all NCSD middle level and high school athletics and activities. All Wyoming High School Activities Association sanctioned activities and sports.

ADMINISTRATIVE PROCEDURES FOR THE HIGH SCHOOL ACTIVITIES ELIGIBILITY POLICY:

1. Students declared ineligible at 4 1/2 week check points have the right of immediate reinstatement when grades are brought up to standards.
2. Students declared ineligible at 9 week check points will remain ineligible for a minimum of 4 1/2 weeks.
3. Nine week grades and 4 1/2 week grades will be used to determine eligibility.

4. Transfer students from out-of-district must meet WHSAA standards of eligibility until the next 4 1/2 or 9 week check point. At that point, they must meet Natrona County School District eligibility standards. (Transcripts are often slow in arriving from previous schools.)
5. Students may use summer school classes to meet the minimum requirements of the eligibility policy of the Natrona County School District and WHSAA.
 - a. The WHSAA allows makeup in summer school that goes toward graduation. These makeup classes must be the same class the student failed. Therefore, a student must have a passing grade in five subjects (three solid subjects in an accelerated block schedule) to be eligible at the start of a new school year.
 - b. Students may use summer school classes to meet the minimum requirements of the eligibility policy of the Natrona County School District.

ACADEMIC ELIGIBILITY / CODE OF CONDUCT (Summaries)

A student who volunteers to participate in Natrona County School District (NCSD #1) athletics/activities program does so with the understanding that they must observe some expectations that are higher and some regulations that are more restrictive than those relating to the general student community.

CODE OF CONDUCT

INTRODUCTION

The Natrona County School District recognizes that participation in athletics and co-curricular clubs and activities is a “privilege,” not a “right.”

Students who volunteer to participate in the Natrona County School District athletic or co-curricular club and activity programs do so with the understanding that they must observe some regulations that are more restrictive than those relating to the general student community.

This administrative regulation applies to students who participate in athletics or co-curricular clubs and activities, and is in effect during the entire academic school year and during the dates as set by the WHSAA and/or schools of NCSD #1. This administrative regulation is in addition to the current District Student Discipline and Conduct Policy. Suspensions from activities shall not prevent a student from taking part in practice sessions. Students who are suspended may not suit up with the team, nor will they be allowed to travel.

The Code shall apply to those athletic teams, co-curricular clubs and activities that require participation on an interscholastic level and/or exceed normal classroom requirements.

DISTRICT CONDUCT REGULATIONS

Students who volunteer to participate on any athletic team, co-curricular club or activity will not use, possess, transfer, or disperse any tobacco products (including e-cigarettes), alcoholic beverages, or illicit controlled substances (drugs). Students will not confiscate (steal), destroy or vandalize private or public property. This will include but not be limited to theft, shoplifting, breaking and entering, and vandalism.

Students covered by the Code of Conduct who violate Municipal, State, or Federal codes (excluding minor traffic violations) will incur punishment as outlined in this administrative regulation.

Understand that local law enforcement will be notified whenever school personnel confiscate alcohol products, illicit controlled substances, tobacco products, or suspected stolen merchandise. The penalty administered by the Justice System may be different, and in addition to penalties outlined in School Board Policies and Administrative Regulations.

PARTY RULE

Participants are expected to avoid situations/gatherings where illegal substances (alcohol/drugs/tobacco – including e-cigarettes) are available to underage youth. Participants need to take positive action to avoid situations where illegal substances are present. A plan should include information about the situation/gathering prior to attending and take action immediately to leave the situation/gathering if illegal substances are present. Failure to take appropriate steps to avoid these types of situations will result in a Code violation.

HAZING

Hazing or initiations are not acceptable behaviors. Hazing, by definition, is “Any humiliating or dangerous activity expected of a student to belong to a group, regardless of their willingness to participate.” It is of utmost importance on all teams, but especially on those teams with underclassmen, that there are absolutely no hazing or so called initiation rites. This is demeaning to all involved and is a most blatant form of discrimination. Hazing obstructs the development of good citizens, escalates the risks of participation,

negates positive contributions, and destroys respect for self, others and the environment.

SUSPENSIONS

All activities with fewer than 10 events including but not limited to the following:

Football
Cross Country
Tennis
Swimming/Diving
Golf
Alpine/Nordic Ski

STEP

- 1 – One Contest
- 2 – Three Contests
- 3 – Suspended for 1 Year

All activities with 10 or more events including but not limited to the following:

Volleyball
Basketball
Wrestling
Soccer
Track
Cheerleading

STEP

- 1 – Two Contests
- 2 – Six Contests
- 3 – Suspended for 1 Year

Violations during co-curricular clubs or activities with no defined season will result in suspension for one quarter.

The suspension penalty for co-curricular clubs and activities shall be based on the total number of interscholastic competitions and in line with the suspension penalties. Co-curricular clubs and activities without interscholastic competitions will have consequences at the discretion of the Building Principal or his/her Designee.

FIRST OFFENSE (Step 1)

Suspended from active participation according to the suspension penalties. The student must participate in and complete an intervention program deemed appropriate by the District. Students who attended a party but were not using alcohol, drugs or tobacco (including e-cigarettes) will still be in violation of the Code and will have to serve the suspension but do not need to complete an intervention. In the event that the student does not complete the prescribed intervention program, the student will be moved to step 3.

SECOND OFFENSE (Step 2)

Suspended from participation in all activities covered by the Code for triple the first offense. Students guilty of violating the party rule will serve triple the first offense suspension plus complete an intervention.

THIRD OFFENSE (Step 3)

Suspended from participation in all activities covered by the Code for one year from the date of infraction.

REGULATION ADMINISTRATION

Additional rules may be established by coaches/sponsors to this administrative regulation, but must have the written approval of the building Athletic Director and Principal. Participants and parents must be fully informed of all rules in writing prior to the start of each activity.

It is mandatory for all coaches and sponsors of co-curricular clubs and activities to schedule a meeting with the students and their parent(s) or guardian at which time the Code of Conduct will be explained to the students and their parent(s) or guardian.

It is mandatory for the Principal or Designee to have on file for each student involved in an activity the information and consent form, signed by the student and parent(s), or guardian.

GOOD SPORTSMANSHIP

Good sportsmanship is the attitude and behavior that exemplifies positive support for our interscholastic athletic programs offered at Natrona County School District (NCSD). Everyone involved in all facets of the NCSD interscholastic athletic programs are expected to demonstrate good sportsmanship at all times, even during the most difficult times.

It is important for our student athletes and adults to learn the values of good sportsmanship, by being humble, playing fair, showing respect and being gracious. These values are the cornerstones of a good sportsmanship culture. Living these values daily helps prevent negative or unsportsmanlike action toward officials, coaches, opponents and spectators, while decreasing the emphasis of winning at all costs! They promote living ethically in all walks of life. And lastly, they promote the attitude necessary for responsible behavior by student athletes and adults.

We invite you to take the Sportsmanship Pledge of making good sportsmanship an everyday walk in your life:

- To be a role model of good sportsmanship that is evident by your actions and your words
- To encourage everyone around you to take the Sportsmanship Pledge
- To be clear and firm about the good sportsmanship rules concerning your conduct and behavior while viewing or participating in an athletic contest

Acceptable Behavior	Unacceptable Behavior – But Not Limited To	Possible Consequences – But Not Limited To
<ul style="list-style-type: none"> • Showing respect for opposing players, coaches and fans • Respecting the officials' decisions and encouraging all participants to do the same • Respecting and showing appreciation for all coaches; they are giving their time to provide activities for our young people • Encouraging athletes and coaches to play by the rules • Learning the rules of the sport so you are less likely to criticize officials or coaches • Supporting and cheering for your team and not against the opposing team • Keeping your perspective; it is just a game • Young people learn best by example, always show good sportsmanship 	<ul style="list-style-type: none"> • Ridiculing an athlete, coach, official or fan • Taunting or making derogatory remarks to opponents, officials or coaches • Yelling, booing, using negative chants or gestures • Blaming the loss of a game on officials, coaches or players • Using profanity or displaying anger • Going on to the playing field or court before, during or after a contest to criticize coaches, players or officials • Encouraging unfair play • Receiving a technical foul, yellow card or red card • Being ejected from a contest for unsportsmanlike conduct • Being under the influence of drugs or alcohol at the event site 	<ul style="list-style-type: none"> • Presented with a yellow card as a warning; possible immediate removal from the contest site, possible ban from future contests • Multiple unsportsmanlike infractions over any time period may lead to a lifetime ban from District wide activities • A flagrant infraction will receive maximum consequences • An infraction at the end of a school year will follow through to the next school year and additional consequences may apply according to the NCSD Code of Conduct • A buy-back program must be completed before attending another NCSD sponsored activity

GOOD SPORTSMANSHIP PLEDGE

I acknowledge that I am a role model for good sportsmanship. I will show respect for all players, coaches, spectators, officials and support groups. I will participate in cheers and actions that encourage and uplift the teams involved. I understand the spirit of fair play and that good sportsmanship is expected by our school, our team and the Natrona County School District. I hereby accept my responsibility to be a model of good sportsmanship that comes with being the parent/guardian of a student athlete and with being a participant in any NCSD sponsored activity.

WYOMING HIGH SCHOOL ACTIVITIES ASSOCIATION (WHSAA)

How to Protect Your Eligibility for High School Activities

The WHSAA believes you should know the rules that determine your eligibility. Most students who find themselves ineligible do so for one of two reasons: 1) They do not know the eligibility rules or 2) They disregard these rules with the hope that no one will discover the violation. The rules of the Wyoming High School Activities Association are explained in the following paragraphs. Please understand this contains only a summary of the rules. Read them carefully. Abide by them so you are eligible to enjoy the privilege of interscholastic competition. Since this is only a summary of the rules, please contact your principal or athletic director for an exact copy and meaning of any rules you are unsure about.

These eligibility rules were not developed by chance, but have been developed gradually over a period of years by necessity to protect the welfare of youth and to ensure interschool activities provide experiences of educational value to students. Only when activities provide such experience can they be justified as part of the total educational program. All of these rules have been voted on by the member schools of the WHSAA.

Because your school is a member of the Wyoming High School Activities Association, it adopts the rules of this Association as minimum eligibility rules. Your school board, superintendent and principal have the authority to establish any additional rules which they feel are beneficial to your school. Furthermore, coaches and sponsors may adopt training rules they deem advisable in the best interest of individual students and the team, so long as they are not in violation of the policies of the local school board. By abiding by these rules you can be eligible to take part in any interscholastic activity.

A complete copy of the WHSAA Rules Handbook may be obtained from the WHSAA office. Following each rule in () is the WHSAA reference number for that rule.

What Are These Rules?

1. * Student in Good Standing (6.1.0)

You must be a regularly enrolled student in good standing carrying not less than twenty (20) class hours of work per week. Good standing implies that you be a creditable school citizen whose conduct in and out of school is such that it will not reflect discredit upon your school. You will become ineligible if you are under suspension from school by your principal or superintendent for any reason.

2. * Grades and Credits (6.2.0)

You must currently be passing five (5) solid subjects (three [3] solid subjects in an accelerated block schedule), and you must have passed five (5) solid subjects during the immediate preceding semester. Deficiencies, including incompletes, conditions, and failures for the previous semester may be made up during the subsequent semester, summer session, night school, correspondence or tutoring for qualification purposes. The makeup work must match the class where the failure occurred.

3. Transfer or Change of Schools (6.4.0, 6.4.3, 6.4.5, 6.4.6, 6.4.7)

If you transfer from one school to another without a corresponding change of resident on the part of your parents, you will be ineligible for one (1) year from date of enrollment for varsity competition in the sports in which you competed in the previous twelve months. If this transfer is made with a corresponding move on your parent's/legal guardian's part, you will be just as eligible in this new school as you were in the former school.

Only that legal guardianship which has been established at least 12 months prior to the student's moving is recognized by the WHSAA.

Before you are eligible to represent the new school in either of the forgoing cases, the principal must submit the completed transfer form to the Association office attesting your move and your eligibility. To understand the exception to this rule, please ask your principal.

4. * Number of Semesters of Competition (6.5.0)

You are limited to competing in no more than four (4) fall and four (4) spring semesters for a total of eight (8) semesters. These eight (8) semesters shall be consecutive and begin once you start the ninth grade.

5. Age Limits (6.3.0)

You must be under twenty years of age on August 1 for fall sports, November 1 for winter sports and March 1 for spring sports.

6. Physical Examination (6.6.0)

Before you are eligible to compete or practice in any sport within the current school year, you must have on file a certificate of physical fitness issued by qualified medical personnel and a statement of permission signed by your parent/guardian. The physical must be taken after May 1 of the current school year. You must also have proof of immunization on file.

7. Amateur Standing (5.7.0)

You must be an amateur, that is, a person who has never used and is not using his/her athletic skill for gain as a participant in athletic contests. For gain means accepting money or other monetary compensation as a result of athletic competition.

8. Number of Practice Days (5.10.1)

You must participate in the required number of practices in your sport before you can compete. Check with your coach to find out the number of days required for your sport.

9. Awards (5.6.0)

You will be declared ineligible if you receive merchandise and/or cash because of athletic involvement.

10. Assumed Name (6.1.6, 5.0.3)

Competing under a false or assumed name will cause you to become ineligible. Your name must be certified by your principal on a standard form to the opposing school or schools for each contest in which you are to compete.

11. Undue Influence (4.1.0)

Transferring from one school to another because of being influenced by any person to do so will make you ineligible for one (1) full year.

12. * Independent Teams (5.8.0)

You may not play on an independent team while you are a member of your high school competing squad in the same sport or activity. Should you do so, you would forfeit your eligibility.

13. Specialized Sports Camps (5.4.0)

A coach or school representative may not directly or by implication direct you to attend camps/clinics as, open gym sessions, or weight room training as a condition to practicing, participating or otherwise influencing your opportunity to participate in any school interscholastic program. You may not participate in a specialized sports camp/clinic teaching individual skills for a period greater than two (2) calendar weeks during any calendar year in which any of your coaches or high school faculty members are involved. The athletic camp fee shall be paid by you or your parent/guardian. No school funds may be used for entry fees, equipment, transportation, or uniforms. Students going to summer camps will not be covered by school or WHSAA catastrophic insurance.

Special Education Requirements

Special education (handicapped) students will be expected to meet the same activity eligibility requirements as regular education students since each student, through child study committee action, is placed into an individualized educational program that is designed for academic success.

Please ask your principal, activities director or event coordinator if you have questions about these rules.

* Fine Arts and Vocational participants need only meet these requirements.

NATRONA COUNTY SCHOOL DISTRICT #1 ATHLETICS
Student / Parent / Guardian Information and Consent

PLEASE SIGN AND RETURN TO YOUR SCHOOL'S ATHLETIC DIRECTOR

Student Name _____
Last First M.I.

Date of Birth _____ Age as of Aug 1 _____ Nov 1 _____ Mar 1 _____

Grade _____ Male Female

School Attended Previous Semester _____

Sports Participated in Last School Year _____

CONSENT TO PARTICIPATE (PHYSICAL EXAMINATION FORM)

The NCSD #1 Safety Program is designed to provide a safer environment for athletic participation. We want participants and parents to understand the inherent risks of athletic participation. To educate the athlete, we require them to view the video "*Sports Risk: You Be the Judge.*" We strongly encourage every parent/guardian to view this same video when scheduled at your child's school, which is normally prior to the first contest of each sports season. If parents/guardians are unable to attend the scheduled meeting, arrangements to view the video may be made by contacting your school's athletic director.

I/We, as legal guardians, give our permission for our child to participate in organized NCSD #1 athletics, realizing that such activity involves the potential for injury which is inherent in all sports. I/We acknowledge that even with the best coaching, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility. On rare occasions these injuries can be so severe as to result in total disability, paralysis or death. I/We acknowledge that I/we have read and understand this warning.

CONSENT FOR EMERGENCY MEDICAL TREATMENT (PHYSICAL EXAMINATION FORM)

I/We as legal guardians, give our permission for NCSD #1 to sign for emergency treatment for our child named above. Parents/Guardians will be notified in case of serious illness or injury as quickly as possible, but this will make treatment possible.

INSURANCE (PHYSICAL EXAMINATION FORM)

I/We as legal guardians understand that insurance is mandatory for anyone participating in athletics and/or cheerleading. NCSD #1 does not carry health or accident insurance for students. As a convenience to patrons, the school district does endorse one student accident insurance company yearly. Information and application for purchasing this insurance is available at your school and is included as part of this Student/Parent/Guardian Information Packet.

PHYSICAL INFORMATION (PHYSICAL EXAMINATION FORM)

I/We as legal guardians, agree that should any information on the physical form change during the course of the school year, I/we will immediately submit to school officials in writing, the change that has occurred. I/We understand that no participation will be allowed until the physical form is completed and returned to administrative personnel.

ACADEMIC ELIGIBILITY / CODE OF CONDUCT

I/We have reviewed and understand the Academic Eligibility and Code of Conduct policies.

WYOMING HIGH SCHOOL ACTIVITIES ASSOCIATION ELIGIBILITY INFORMATION

I/We have reviewed the WHSAA information, "How to Protect Your Eligibility for High School Activities," with our son/daughter.

TRANSPORTATION

I/We understand that an activity may be conducted at a location other than the student's school of attendance. In many instances, the school and District will provide transportation between the school of attendance and the site of the activity. In those instances, the student must use the District provided transportation. In some instances the school and District will *not* provide transportation between the school of attendance and the site of the activity. In these instances transportation to the site is the responsibility of the student and/or parent/guardian, and may involve transportation by a private vehicle driven by others.

RECORDS RELEASE

I/We give permission for academic information including grade point average, class rank and any academic awards/recognition received by the student/athlete to be released for the purpose of recognizing excellence in both athletics and academics. Most typically this information will be used by newspapers, school publications, awards banquets, assemblies, all conference or all state awards. I/We understand NCSD #1 will protect my child's health information (Form SS-H-06) as prescribed the Family Educational Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPAA) and that the information becomes part of the student's permanent record. The information will be shared with individuals working at or with NCSD #1 for the purpose of providing appropriate educational and school health services. Wyoming law prohibits NCSD #1 from making further disclosure of health information. This authorization shall become effective immediately and shall remain in effect until revoked. I/We understand that I/we may revoke, in writing, this authorization at any time.

I/We have read and understand the information contained in this packet.

Parent Signature _____

Date _____

Student Signature _____

Date _____

If you have any questions, please call your school's athletic director or principal.

NATRONA COUNTY SCHOOL DISTRICT #1 PHYSICAL EXAMINATION FORM

Physicians Statement Must Be Dated **AFTER MAY 1** to Be Valid For the Upcoming School Year

| **RED** Areas Arc To Be Completed By Parent and Student Prior to Physical Examination

STUDENT INFORMATION

School _____ Grade _____ DOB _____ Name _____ Gender **MD** **F** **D**

SPECIFIC SPORT YOU WILL BE PARTICIPATING: Fall _____ Winter _____ Spring _____

CONSENT TO PARTICIPATE

D I/We, as legal guardians, give our permission for our child named above to participate in organized NCS#1 athletics, realizing that such activity involves the potential for injury which is inherent in all sports. I/We acknowledge that even with the best coaching, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility. On rare occasion these injuries can be so severe as to result in total disability, paralysis or death.

CONSENT FOR EMERGENCY MEDICAL TREATMENT

D I/We as legal guardians, give our permission for NCS#1 to sign for emergency treatment for our child named above. Parents/Guardians will be notified in case of serious illness or injury as quickly as possible, but this will make treatment possible. In case of emergency and parent cannot be reached contact:

Name _____ Phone _____ Physician _____ Phone _____

INSURANCE (Parent/Guardian please check one statement) Insurance is mandatory for anyone participating in athletics and/or cheerleading. NCS#1 *does not* carry health or accident insurance for students.

D The child named above is *not* covered by an accident insurance policy and we wish to purchase insurance. Student insurance is available through a local carrier and forms can be obtained at the school office.

D The child named above *is covered* by an accident insurance policy, the policy will remain in effect during all activities our child is involved in, and we *do not* wish to purchase additional insurance.

Insurance Company _____ Policy # _____

PARENTAL INFORMATION

I/We as legal guardians, agree that should any information on this form (including physician exam record below) change during the course of the school year we will submit to school officials in writing, the change that has occurred immediately. I/We, as legal guardians, acknowledge that I/We have read and understand the content of the Athletic/Activity Clearance Form, have completed the Health History (back), and further understand that no participation will be allowed until this form is completed and returned to administrative personnel.

Signatures _____
Parent/Guardian _____ Student/Athlete _____

Work Phone _____ Home Phone _____ Address _____ Date _____

PHYSICIAN'S EXAMINATION RECORD (Physician's Use Only) Physician, please check all blanks

Height _____	Ears _____	Blood Pressure _____ / _____	Spine & Posture _____
Weight _____	Nose _____	Abdomen _____	Arms & Hands _____
Eyes _____	Throat _____	Hernia _____	Legs & Knees _____
Pupils _____	Teeth _____	Lymph Nodes _____	Feet & Ankles _____
Vision R _____	Lungs _____	Testicular Exam _____	Other _____
Vision L _____	Heart _____	Skin Conditions _____	
Corrected <input type="checkbox"/> Y <input type="checkbox"/> N			
Physical Activity: <input type="radio"/> Cleared without restrictions			
<input type="radio"/> Cleared with restrictions (Please list)			
<input type="radio"/> Not cleared (Reasons/Recommendations) _____			
PRINTED Name of Physician _____		Address _____ City _____ State _____ Zip _____	
Physician Signature _____		Phone _____ Date _____	

PLEASE TURN IN TOGETHER: 1) COMPLETED PHYSICAL, 2) INSURANCE APPLICATION 3) INSURANCE PREMIUM PAYMENT TO THE SCHOOL ATHLETIC DIRECTOR/ATHLETIC/ACTIVITIES FACILITATOR-ML AT THE SAME TIME

