A. Film – “Sports and Activities: Know the Risks” to be viewed by all coaches and athletes. All athletes must see film and sign sheet.

Sign ___________________________ Date __________

B. Emergency Action Plan is outlined, on file in the Athletic Director’s office and reviewed by all coaches. Emergency Action Plan should include the following information:
1. Separate plans should be developed for each facility.
   a. Outline personnel and role.
   b. Identify necessary equipment.
2. Availability of phones and access to 911.
3. Keys to gates/locks must be easily accessible.
4. Individual should be assigned to accompany athletes to hospital.

Sign ___________________________ Date __________
Sign ___________________________ Date __________
Sign ___________________________ Date __________

C. Emergency procedure sheet – coaches must review. Coaches have read and understand procedures, including viewing the film “When the Cheering Stops”. Each coach has read and understands.

Sign ___________________________ Date __________
Sign ___________________________ Date __________
Sign ___________________________ Date __________

D. Review procedures on environmental hazards including: heat illness recognition and prevention, lightning, cold, etc.

E. Explain procedures for dealing with injury and illness, including exposure to blood and/or other body fluids.

F. Review policies on “Supportive Undergarments” and “Sport Participation with Jewelry.”

G. Explain all drills and their purpose (improving skills, conditioning and safety, taking the charge, screening, rebounding, etc.)

H. Review proper footwear and clothing.

I. Keep floor clear of balls and objects.

J. All athletes have the right to leave an athletic site or activity, without fear of repercussion or penalty if they feel they are in danger.